

Motor Neurone Disease (MND) Nurse-Led Care



Understanding MND

Motor Neurone Disease is a progressive neurological condition that affects the nerve cells controlling movement, speech, swallowing and breathing. MND can affect every aspect of daily life and often progresses differently for every person. Ongoing monitoring, rapid access to specialist advice and coordinated multidisciplinary care are essential.

Specialist MND clinical care and support across Western Australia

The Neurological Council offers specialist Motor Neurone Disease (MND) nursing and nurse practitioner services to support people living with MND, their families and carers access the right care, at the right time, close to home. Our services operate as part of a multidisciplinary network of health, disability and community support, helping people understand and manage rapidly changing symptoms and needs, maintain quality of life and retain functional capacity and independence for as long as possible. Many of our MND services are free, statewide and available through clinic appointments, home visits, telehealth and outreach services.



Nurse Practitioner-Led MND Clinic

Advanced clinical care for people living with MND

The Neurological Council's Nurse Practitioner-Led MND Clinic provides advanced assessment, treatment and clinical nursing care for people living with MND. Working closely with treating neurologists, GPs and other clinicians, our Nurse Practitioner helps bridge the gap between specialist appointments.

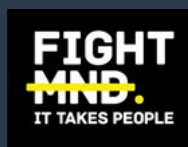
Nurse Practitioners can provide advanced clinical care services including:

- Comprehensive MND specific nursing expertise, assessments, clinical care and referral
- Ongoing monitoring of disease progression, symptoms and management of clinical red flags
- Medication prescribing and review
- Ordering and interpreting relevant investigations
- Management of saliva, swallowing, continence, PEG-related needs
- Clinical education, pathways and future planning discussions.

Benefits of a Nurse Practitioner-led Clinic for clients and families

- Faster access to advanced clinical assessments and specialist MND expertise
- Reduced delays in treatment, rehabilitation, referrals and decision-making
- Improved continuity of care between neurology appointments
- Better clinical care coordination across providers, recognising and supporting carers
- Longer, person-centred consultations and improved symptom control and comfort
- Reduced need for emergency presentations and hospital admissions
- Increase confidence and control over clinical care decisions and future planning
- Maintain independence and dignity and remain safely at home for longer.

Proudly supported by:



Motor Neurone Disease (MND) Nurse-Led Care

Statewide MND Community Neurological Nursing

Specialist neuro-nursing care, health navigation and clinical support

Our MND nurses work with clients throughout all stages of their disease progression, helping understand their condition, respond to changing needs and navigate complex systems. We work seamlessly with Motor Neurone Disease Association of WA (MNDWA) to access the services, supports and equipment. We are also integrated in hospital-based MND clinics supporting metro and regional clients in the community.

MND community neurological nurses can help with:

- Comprehensive neuro-nursing assessments and individualised clinical care planning
- Clinical education, self-management and carer education and support
- Ongoing symptom monitoring, early intervention and support with emerging concerns
- Health advocacy and preparation for specialist appointments
- Hospital discharge and transition support
- Clinical evidence to support funding pathways (e.g NDIS and My Aged Care)
- Navigation, referral and clinical care liaison across multidisciplinary health, disability and aged care systems.

Proudly supported by:



Government of Western Australia
Department of Health

Benefits for clients and families

- Greater understanding of MND, disease progression and clinical care options
- Prevent gaps in support and access the right services sooner
- Early identification and management of problems to prevent escalation or crises
- Improved communication and better continuity of clinical care across providers
- Reduced anxiety, stress and confusion for individuals, families and carers
- Enhanced safety, confidence, wellbeing and quality of life
- Stay connected to family, community and meaningful activities
- Feel informed and supported throughout their MND progression.

Integrated multidisciplinary care

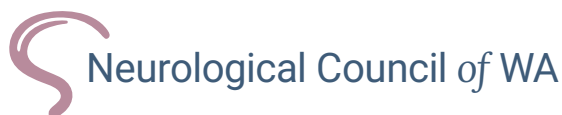
Our services complement existing care and help bridge the gap between hospital services, primary care, disability supports and community-based care working alongside:

- Neurologists, hospital-based MND clinics, GPs
- MNDWA MND advisors, NDIS support coordinators, respiratory physiotherapists, occupational therapists and equipment.
- Speech pathologists, dietitians and other allied care providers and assistive technology services.
- Palliative, disability and aged care providers and residential care facilities

Accessing our MND Nurse-Led Care

Call the **NeuroCare TeleNurse Helpline 1800 645 771** to speak directly with a NeuroCare Nurse.

For emergencies, call 000



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